

# BASELINE CARE PLAN

**INSTRUCTIONS:** The Baseline Care Plan must be developed within the first 48 hours of admission to the facility. The Baseline Care Plan must reflect the resident's stated goals and preferences and include interventions that address his/her current needs. Complete all sections. Signatures are required as designated.

Date of Admission: \_\_\_\_\_ Time of Admission: \_\_\_\_\_  AM  PM Baseline Care Plan Implementation Date: \_\_\_\_\_ Time: \_\_\_\_\_  AM  PM **CODE STATUS:** \_\_\_\_\_  
 Admitted from: \_\_\_\_\_ Allergies: \_\_\_\_\_ Preferred Name: \_\_\_\_\_  
 Resident Representative: \_\_\_\_\_ Phone Number: \_\_\_\_\_ Hospice/End-of-Life:  No  Yes

**RESIDENT'S GOALS ON ADMISSION**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**RESIDENT'S DISCHARGE GOALS**

Return to community/home

Remain here/other LTC setting

Other: \_\_\_\_\_

**COGNITIVE STATUS**

Alert/oriented

Confused

Comatose

Other: \_\_\_\_\_

Intervention(s): \_\_\_\_\_

**DIETARY ORDERS**

Regular  Other: \_\_\_\_\_

Fluids:  Normal  Thickened  Thin

Mechanically altered:

Pureed  Ground meat  Other: \_\_\_\_\_

Tube feeding:  NG  PEG  J-Tube

Other: \_\_\_\_\_

Feeds self  Needs setup  Needs to be fed

Assistance needed: \_\_\_\_\_

Adaptive devices: \_\_\_\_\_

**RESIDENT'S DAILY ROUTINE/PREFERENCES**

Wakes at: \_\_\_\_\_

Retires at: \_\_\_\_\_

Activities: \_\_\_\_\_

\_\_\_\_\_

Other: \_\_\_\_\_

\_\_\_\_\_

**SAFETY**

No safety issues

Elopement risk - Intervention(s): \_\_\_\_\_

History of falls/At risk - Intervention(s): \_\_\_\_\_

Bleeding risk - Intervention(s): \_\_\_\_\_

Choking risk - Intervention(s): \_\_\_\_\_

Diabetic - Intervention(s): \_\_\_\_\_

**THERAPY(IES) ORDERED**

No therapy ordered

PT - Frequency: \_\_\_\_\_

OT - Frequency: \_\_\_\_\_

ST/SLP - Frequency: \_\_\_\_\_

Respiratory - Frequency: \_\_\_\_\_

Nursing Restorative Program(s): \_\_\_\_\_

\_\_\_\_\_

**RESIDENT'S ETHNIC/CULTURAL PREFERENCES**

Primary language: \_\_\_\_\_

Other language: \_\_\_\_\_

Needs interpreter:  No  Yes

Specify ethnic/cultural preferences: \_\_\_\_\_

\_\_\_\_\_

**THERAPY/FUNCTIONAL GOALS**

Maintain current status

Improve current status to: \_\_\_\_\_

\_\_\_\_\_

Decline anticipated due to: \_\_\_\_\_

\_\_\_\_\_

Other: \_\_\_\_\_

\_\_\_\_\_

NAME-Last \_\_\_\_\_ First \_\_\_\_\_ Middle \_\_\_\_\_ Attending Physician \_\_\_\_\_ Record No. \_\_\_\_\_ Room/Bed \_\_\_\_\_

# BASELINE CARE PLAN

<p><b>MEAL LOCATION PREFERENCE</b></p> <p><input type="radio"/> Dining room</p> <p><input type="radio"/> Own room</p> <p><input type="radio"/> Other: _____</p>	<p><b>ACTIVITIES OF DAILY LIVING (Cont'd)</b></p> <p><b>Locomotion</b>    <input type="radio"/> Independent</p> <p><b>On/Off Unit:</b>    <input type="radio"/> Setup</p> <p>                          <input type="radio"/> Assist of 1: _____</p> <p>                          <input type="radio"/> Assist of 2: _____</p> <p>                          <input type="radio"/> Dependent on staff: _____</p> <p>                          <input type="radio"/> N/A</p> <p><b>Grooming/</b></p> <p><b>Hygiene:</b>        <input type="radio"/> Independent</p> <p>                          <input type="radio"/> Setup</p> <p>                          <input type="radio"/> Assist of 1: _____</p> <p>                          <input type="radio"/> Assist of 2: _____</p> <p>                          <input type="radio"/> Dependent on staff: _____</p> <p><b>Bathing:</b>        <input type="radio"/> Independent</p> <p>                          <input type="radio"/> Setup</p> <p>                          <input type="radio"/> Assist of 1: _____</p> <p>                          <input type="radio"/> Assist of 2: _____</p> <p>                          <input type="radio"/> Dependent on staff: _____</p> <p>Prefers:            <input type="checkbox"/> Tub    <input type="checkbox"/> Shower    <input type="checkbox"/> Whirlpool    <input type="checkbox"/> Bed bath</p> <p>Bath Days: _____</p> <p>Shift: _____</p> <p>Other: _____</p>	<p><b>EQUIPMENT (Cont'd)</b></p> <p><input type="checkbox"/> Lift: _____</p> <p><input type="checkbox"/> Specialty mattress: _____</p> <p><input type="checkbox"/> Cushion in chair/wc _____</p> <p><input type="checkbox"/> Prosthesis(es): _____</p> <p>_____</p> <p><input type="checkbox"/> Orthotic device(s): _____</p> <p>_____</p> <p><input type="checkbox"/> Other: _____</p> <p>_____</p>	
<p><b>DENTURES/TEETH</b></p> <p><input type="checkbox"/> Own teeth - no dentures</p> <p><input type="checkbox"/> Upper denture/partial</p> <p><input type="checkbox"/> Lower denture/partial</p> <p><input type="checkbox"/> Edentulous</p> <p><input type="checkbox"/> Implant(s): _____</p> <p><input type="radio"/> Independent with oral care</p> <p><input type="radio"/> Needs assistance with oral care: _____</p> <p><input type="radio"/> Staff provides oral care: _____</p>	<p><b>ACTIVITIES OF DAILY LIVING</b></p> <p><b>Bed Mobility:</b>    <input type="radio"/> Independent</p> <p>                          <input type="radio"/> Setup</p> <p>                          <input type="radio"/> Assist of 1: _____</p> <p>                          <input type="radio"/> Assist of 2: _____</p> <p>                          <input type="radio"/> Dependent on staff: _____</p> <p>                          <input type="radio"/> N/A</p> <p><b>Transfer:</b>        <input type="radio"/> Independent</p> <p>                          <input type="radio"/> Setup</p> <p>                          <input type="radio"/> Assist of 1: _____</p> <p>                          <input type="radio"/> Assist of 2: _____</p> <p>                          <input type="radio"/> Dependent on staff: _____</p> <p>                          <input type="radio"/> Lift: _____</p> <p>                          <input type="radio"/> N/A</p> <p><b>Walking:</b>        <input type="radio"/> Independent</p> <p>                          <input type="radio"/> Setup</p> <p>                          <input type="radio"/> Assist of 1: _____</p> <p>                          <input type="radio"/> Assist of 2: _____</p> <p>                          <input type="radio"/> Dependent on staff: _____</p> <p>                          <input type="radio"/> N/A</p> <p><b>Toileting:</b>        <input type="radio"/> Independent</p> <p>                          <input type="radio"/> Setup</p> <p>                          <input type="radio"/> Assist of 1: _____</p> <p>                          <input type="radio"/> Assist of 2: _____</p> <p>                          <input type="radio"/> Dependent on staff: _____</p> <p>                          <input type="radio"/> N/A</p>	<p><b>SHAVING</b>        <input type="radio"/> Independent</p> <p>                          <input type="radio"/> Staff assist: _____</p> <p>                          <input type="radio"/> Dependent on staff: _____</p> <p><b>HAIR CARE</b>      <input type="radio"/> Independent</p> <p>                          <input type="radio"/> Staff assist: _____</p> <p>                          <input type="radio"/> Beauty shop/Barber: _____</p> <p>                          <input type="radio"/> Other: _____</p> <p><b>NAIL CARE</b>        <input type="radio"/> Independent</p> <p>                          <input type="radio"/> Staff assist: _____</p> <p>                          <input type="radio"/> Podiatrist _____</p> <p>                          <input type="radio"/> Other: _____</p> <p><b>EQUIPMENT</b>      <input type="checkbox"/> Manual wheelchair        <input type="checkbox"/> Cane</p> <p>                          <input type="checkbox"/> Motorized wheelchair</p> <p>                          <input type="checkbox"/> Scooter</p> <p>                          <input type="checkbox"/> Geri-Chair</p> <p>                          <input type="checkbox"/> Walker</p> <p>                          <input type="checkbox"/> Other: _____</p>	<p><b>BOWEL/BLADDER NEEDS</b></p> <p>Continent of bladder:    <input type="radio"/> No    <input type="radio"/> Yes</p> <p>Toileting schedule: _____</p> <p>_____</p> <p><input type="checkbox"/> Indwelling catheter: Size: _____</p> <p>Care: _____</p> <p>Reason for catheter: _____</p> <p><input type="checkbox"/> Intermittent catheterization: _____</p> <p><input type="checkbox"/> Uses briefs/pads: _____</p> <p><input type="checkbox"/> Peri-care schedule: _____</p> <p>_____</p> <p>Continent of bowel:    <input type="radio"/> No    <input type="radio"/> Yes</p> <p>Toileting schedule: _____</p> <p>_____</p> <p><input type="checkbox"/> Bowel program: _____</p> <p>_____</p> <p><input type="checkbox"/> Ostomy: _____</p> <p>_____</p> <p><input type="checkbox"/> Bed pan used    <input type="checkbox"/> Urinal used    <input type="checkbox"/> Commode used</p>

NAME-Last	First	Middle	Attending Physician	Record No.	Room/Bed
-----------	-------	--------	---------------------	------------	----------

# BASELINE CARE PLAN

<p><b>SKIN CARE NEEDS</b></p> <p>Skin intact: <input type="radio"/> No, specify below <input type="radio"/> Yes</p> <p>Surgical wound: <input type="radio"/> No <input type="radio"/> Yes, specify below</p> <p>Location: _____</p> <p>Intervention(s): _____</p> <p>_____</p> <p>At risk for skin breakdown: <input type="radio"/> No <input type="radio"/> Yes</p> <p>Intervention(s): _____</p> <p>_____</p> <p>Pressure injury present: <input type="radio"/> No <input type="radio"/> Yes, specify below</p> <p>Location: _____</p> <p>Intervention(s): _____</p> <p>_____</p> <p><input type="checkbox"/> Turn and reposition every _____ hours</p> <p><input type="checkbox"/> Other skin concerns: _____</p> <p>_____</p> <p><input type="checkbox"/> Skin treatments - see TAR: _____</p> <p>_____</p> <p><b>COMMUNICATION/VISION/HEARING</b></p> <p><input type="radio"/> Verbal <input type="radio"/> Non-verbal</p> <p>Intervention(s): _____</p> <p>_____</p> <p><input type="checkbox"/> Vision adequate <input type="checkbox"/> Vision impaired <input type="checkbox"/> Wears glasses</p> <p><input type="checkbox"/> Other: _____</p> <p>Intervention(s): _____</p> <p>_____</p> <p>Hearing impaired: <input type="radio"/> No <input type="radio"/> Yes, specify below</p> <p><input type="checkbox"/> Doesn't use hearing aid(s)</p> <p><input type="checkbox"/> Hearing aid(s): <input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Bilateral</p> <p>Intervention(s): _____</p> <p>_____</p>	<p><b>BEHAVIOR CONCERNS</b></p> <p><input type="checkbox"/> No behavior concerns identified</p> <p>Behavior(s) present (describe): _____</p> <p>_____</p> <p>_____</p> <p>Intervention(s): _____</p> <p>_____</p> <p>_____</p> <p>PASARR recommendations: <input type="radio"/> No <input type="radio"/> Yes, specify</p> <p>_____</p> <p><b>SOCIAL SERVICE NEEDS</b></p> <p><input type="checkbox"/> No social service needs identified</p> <p>Mental health concerns: <input type="radio"/> No <input type="radio"/> Yes, specify</p> <p>_____</p> <p>Depression screening: <input type="radio"/> No <input type="radio"/> Yes, specify</p> <p>_____</p> <p>Other: _____</p> <p>Trauma screening: <input type="radio"/> No <input type="radio"/> Yes, specify</p> <p>_____</p> <p>Intervention(s): _____</p> <p>_____</p> <p>_____</p> <p><b>SPECIAL TREATMENTS/PROCEDURES</b></p> <p><input type="checkbox"/> No special treatments/procedures ordered</p> <p><input type="checkbox"/> Oxygen - Route: _____ LPM: _____</p> <p>Frequency: _____</p> <p><input type="checkbox"/> Suctioning: _____</p> <p><input type="checkbox"/> Isolation for: _____</p> <p>Type of Isolation: _____</p>	<p><b>SPECIAL TREATMENTS/PROCEDURES (Cont'd)</b></p> <p><input type="checkbox"/> Ventilator <input type="checkbox"/> Respirator</p> <p><input type="checkbox"/> Tracheostomy - Cannula size: _____</p> <p>Care: _____</p> <p><input type="checkbox"/> BiPAP LPM: _____ <input type="checkbox"/> CPAP LPM: _____</p> <p><input type="checkbox"/> Chemotherapy <input type="checkbox"/> Radiation <input type="checkbox"/> Transfusion</p> <p><input type="checkbox"/> IV medication(s): _____</p> <p><input type="checkbox"/> IV fluids: _____</p> <p><input type="checkbox"/> Dialysis: _____</p> <p><input type="checkbox"/> Other: _____</p> <p><input type="checkbox"/> Other: _____</p> <p><b>RESTRAINTS/ALARMS/SIDE RAILS</b></p> <p><input type="checkbox"/> No restraints, alarms or side rails needed or used</p> <p><input type="checkbox"/> Restraint(s) used: _____</p> <p>_____</p> <p><input type="checkbox"/> Alarm(s) used: _____</p> <p>_____</p> <p><input type="checkbox"/> Side rail(s) used: _____</p> <p>_____</p> <p><b>PAIN</b></p> <p>Pain identified at this time <input type="radio"/> No <input type="radio"/> Yes, specify below</p> <p>Location: _____</p> <p>Characteristics: _____</p> <p>Intervention(s): _____</p> <p>_____</p> <p>_____</p> <p><b>MEDICATION/TREATMENT ORDERS</b></p> <p><input type="checkbox"/> See MAR/TAR: _____</p> <p><input type="checkbox"/> Other: _____</p> <p>_____</p>
---	---	--

NAME-Last \_\_\_\_\_ First \_\_\_\_\_ Middle \_\_\_\_\_ Attending Physician \_\_\_\_\_ Record No. \_\_\_\_\_ Room/Bed \_\_\_\_\_

# BASELINE CARE PLAN

**ADDITIONAL COMMENTS/CHANGES FOR BASELINE CARE PLAN - DATE AND SIGN ALL NOTES**

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**SIGNATURES OF IDT MEMBERS INVOLVED IN DEVELOPING BASELINE CARE PLAN**

SIGNATURE/TITLE	DATE	SIGNATURE/TITLE	DATE	SIGNATURE/TITLE	DATE

**Baseline Care Plan Completed by:**

Signature/Title		Date	Time	Signature/Title	Date

**BASELINE CARE PLAN CHANGES/UPDATES**

Date	Signature/Title	Signature/Title

**Baseline Care Plan Discontinued**    Date: \_\_\_\_\_    Signature/Title: \_\_\_\_\_

Resident left facility before completion of comprehensive care plan   
  Comprehensive care plan developed/implemented  
 Resident expired before completion of comprehensive care plan   
  Other: \_\_\_\_\_

NAME-Last	First	Middle	Attending Physician	Record No.	Room/Bed
-----------	-------	--------	---------------------	------------	----------