

SHORT PORTABLE MENTAL STATUS QUESTIONNAIRE (SPMSQ)

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INSTRUCTIONS: Ask questions 1-10 in this list and record all answers. Record total number of errors based on the ten questions. Refer to the reverse for scoring guidelines.

Before beginning the interview, ask the person what is the highest grade completed in school. Answer: _____

QUESTION	RESPONSE(S)	CHECK WHEN INCORRECT
1. What is the date? (month, day and year)	_____ Month Day Year	<input type="radio"/>
2. What is the day of the week?		<input type="radio"/>
3. What is the name of this place?		<input type="radio"/>
4. What is your phone number? What is your street address? <i>(Ask only if person does not have a telephone)</i>	_____ Phone _____ Address	<input type="radio"/>
5. How old are you?		<input type="radio"/>
6. When were you born?		<input type="radio"/>
7. Who is the current President?		<input type="radio"/>
8. Who was the President before him?		<input type="radio"/>
9. What was your mother's maiden name?		<input type="radio"/>
10. Can you count backward from 20 by 3's?	_____ 20 17 14 11 8 5 2	<input type="radio"/>

COMMENTS

SCORING:

- 0 - 2 Errors** Normal Mental Functioning
- 3 - 4 Errors** Mild Cognitive Impairment
- 5 - 7 Errors** Moderate Cognitive Impairment
- 8 - 10 Errors** Severe Cognitive Impairment

***See scoring guidelines on reverse**

SCORE:

Errors * _____

- _____

+ _____

TOTAL ADJUSTED SCORE _____

Interviewer Signature/Title: _____ Date: _____

NAME-Last	First	Middle	Attending Physician	Record No.	Room/Bed
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INTERVIEWER SCORING GUIDELINES*

Ask the person questions 1 through 10 in this list and record all answers. In order to be scored as correct, all responses must be given without reference to calendar, newspaper, birth certificate or other aid to memory. Refusal to answer counts as incorrect.

- Question 1** Score as correct only when the exact month, exact date and the exact year are provided. If only the month and date are provided, ask “and what is the year?”
- Question 2** The correct day of the week must be given.
- Question 3** Score as correct if any correct description of the location is given. “My home”, correct name of the town or city of residence, or the name of hospital or institution (if person is institutionalized) are all acceptable as correct answers.
- Question 4** Score as correct when the correct telephone number can be verified. If the person has no phone, then and only then ask the street address question.
- Question 5** Score as correct according to person’s actual age on day of interview.
- Question 6** Score as correct when the month, exact date and year are all provided.
- Question 7** Requires only the last name of the current President.
- Question 8** Requires only the last name of the previous President.
- Question 9** Score as correct if a female first name is given with a last name other than person’s last name.
- Question 10** Read this question exactly as printed. You may repeat if necessary or offer the probe “Can you subtract 3 from 20? And 3 from that?” The person must get the entire series correct to be scored correct. Any error in the series or unwillingness to attempt the series is scored as incorrect.

***Note on Scoring:** 1 more error is allowed in the scoring if the person has had a grade school education or less.

1 less error is allowed if the person has had education beyond the high school level.